**NAFSA: F-1 Student Advising for Beginners**

A must-have training for the new Designated School Official (DSO) to jump-start their career. The workshop offers new advisers a key foundation for understanding the compliance role of the DSO. Participants will benefit from a solid combination of specific knowledge that can be applied to common scenarios as well as understanding how and where to find the regulations for further reading and research. The workshop materials serve as current resources for referral when the DSO is back in the office confronting the daily tasks of advising F-1 students.

**Workshop Objectives**
- Interpret student requests and accurately advise them on how to maintain their F-1 status.
- Make informed decisions using a process that will incorporate the myriad influences affecting the decision.
- Comply with legal and institutional reporting requirements.
- Educate key parties on important matters involving international students.

**Workshop Agenda**
- Overview of U.S. Residents
- Government Agencies
- Hierarchy of Authority
- Attaining F-1 Status
- Maintaining F-1 Status
- Advising on F-1 Status
- Content Review and Focus Groups

For more information, please visit the [https://www.nafsa.org/professional-resources/learning-and-training/f-1-student-advising-beginners](https://www.nafsa.org/professional-resources/learning-and-training/f-1-student-advising-beginners)

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**UNIMED: Thematic Webinar on "Mediterranean Diet: pattern and adherence" - March 16, 2022**

The UNIMED SubNetwork on Food & Water organizes its 5th Thematic Webinar on Mediterranean Diet to be held on March 16th at 3.30 pm CET via Zoom.

The Mediterranean Diet, from the Greek díaita or lifestyle, is a social practice based on the set of skills, knowledge, practices, and traditions ranging from the landscape to the cuisine, which in the Mediterranean basin concern the crops, harvesting, fishing, conservation, processing, preparation and, particularly, consumption.

The health benefits of the Mediterranean Diet and its protective effect against chronic diseases has been well established by the scientific community. Adherence to the Mediterranean pattern is therefore important in improving overall health. In this webinar, our invited speakers will the advantages of the Mediterranean diet and dissect some of the reasons for our adherence to it.

For more information, please visit the [https://www.uni-med.net/wp-content/uploads/2022/02/2022_5thThematic-Webinar_SN-FW.pdf](https://www.uni-med.net/wp-content/uploads/2022/02/2022_5thThematic-Webinar_SN-FW.pdf)

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**7th annual Eurasia Higher Education Summit - EURIE 2022, A Hybrid Summit**

EURAS team is pleased to share the program for 7th annual Eurasia Higher Education Summit - EURIE 2022, which will be organized in a hybrid format, virtually and in Istanbul, Turkey on March 2-4, 2022.

The 7th Annual EURIE Summit will be organized on March 2-4, as a hybrid event. There will be 3 days of virtual programming and 3 days of simultaneous on-site programming in Istanbul, Turkey.

- The conference will be live-streamed on the EURIE Virtual Event Platform. You can enjoy 50+ sessions of online panels, plenaries and roundtables about trending topics in international education.
- The Exhibition Area will be virtual. You can network with colleagues from around the world and visit 100+ stands to develop your partnerships and business.
- For in-person participants in Istanbul, special face-to-face activities such as networking events, workshops, roundtables, campus tours and FAM trips are planned. In-person participation includes all the virtual elements, plus these special face-to-face activities.
- Join us virtually or in-person in Istanbul for EURIE 2022 to share, ideate, innovate and imagine the future of international education!

For more information, please visit the website: [www.eurieeducationsummit.com](http://www.eurieeducationsummit.com)